



GRAB -N- GO JUICE & EATS

2353 S. Havana Street Unit D-14
(Facing Illif Ave. @ Havana St.)
Aurora, CO. 80014
303-284-2959

9:00am - 6:00pm Monday - Saturday

Specialty Smoothies

16oz. \$6.75 / 24oz. \$8.25 Fruit Juice substitute \$1.50

Coquito Loco

Pineapple, Shaved Coconut, Cajeta, and Vanilla blended with Sugarcane Juice, Coconut Milk, Ice & your choice of Turbinado, Honey or Agave

Just Beet It

Pineapple, Raspberries, Beet and Celery Juice blended with Sugarcane juice, Coconut water, Ice & your choice of Turbinado, Honey or Agave

Coco Verde

Pineapple, Banana, Kale, Spinach blended with Coconut Milk, Sugarcane Juice, Coconut H2O, Ice & your choice of Turbinado, Honey or Agave

Kiwi Delight

Kiwi, Banana, Pineapple and Spinach blended with Coconut Milk, Orange Juice, Ice & your choice of Turbinado, Honey or Agave

Fuzzy Dragon

Dragonfruit and Peach blended with Fresh Orange Juice, Coconut Milk, Vanilla, Ice & your choice of Turbinado, Honey or Agave

Pineapple Express

Pineapple, Fresh orange juice, Red Guava Juice, Coconut milk, Ice & your choice of Turbinado, Honey or Agave

Berry Blast

Strawberries, Blueberries, Raspberries blended with Coconut Milk, Ice & your choice of Turbinado, Honey or Agave

Peanut Butter Thunder

Banana, Peanut Butter, Cacao Nibs and Dark Chocolate Chips blended with Coconut Milk, Ice & your choice of Turbinado, Honey or Agave

Phunky Monkey

Banana, Peanut Butter & Cocoa Powder blended with Coconut Milk, Ice & your choice of Turbinado, Honey or Agave

Kale Tropical

Pineapple, Bannana and Kale blended with Sugarcane Juice, Coconut Milk, Red Guava juice, Ice & your choice of Turbinado, Honey or Agave

Peachy Coconut

Peaches blended with Orange Juice, Coconut Milk, Sugarcane Juice, Shaved Coconut, Vanilla, Ice & your choice of Turbinado, Honey or Agave

Papaya Berry

Papaya, Strawberries, Guava Juice, Coconut milk, Ice and your choice of Turbinado, Honey or Agave

Fruta Bomba

Papaya, Banana, Pineapple, Red Guava Juice, Coconut Milk, Ice & your choice of Turbinado, Honey or Agave

OJ Carrot

Orange juice, Carrot Juice, Sugarcane Juice, Banana, Mango & your choice of Turbinado, Honey or Agave

Berry Acai

Blueberries, Strawberries, Acai, Banana, Coconut milk, Ice and your choice of Turbinado, Honey or Agave

Blue Dream

Acai, Double Blueberries, Banana, Coconut milk, Ice, & your choice of Turbinado, Honey or Agave

Strawberry Hawaian

Pineapple, Strawberry, Sugarcane Juice, Coconut milk, Coconut flakes and Cajeta

Tia Vicky's Special

Blueberry, Pineapple, Banana, Coconut flakes, Cajeta, Coconut milk, Ice and your choice of Turbinado, Honey or Agave

Pitaya Berry

Pitaya, Banana, Strawberries, Coconut milk, Ice & your choice of Turbinado, Honey or Agave

Captain Jack

Banana, Blueberries, Dark Chocolate chips, Almonds, Coconut milk, Ice and your choice of Turbinado, Honey or Agave

Traditional Smoothies

16oz. \$6.25 / 24oz. \$7.50 Fruit Juice substitute \$1.50

Blue Banana

Blueberries & Banana blended with Coconut Milk, Ice & your choice of Turbinado, Honey or Agave

BananaBerry

Banana, Strawberries blended with Coconut Milk, Ice & your choice of Turbinado, Honey or Agave

Death by Chocolate

Bananas, Cocoa Powder, Dark Chocolate Chips, Cacao Nibs blended with Coconut Milk, Ice & your choice of Turbinado, Honey or Agave

Mango Loco

Mangos and Pineapple blended with Coconut Milk, Sugarcane Juice, Ice & your choice of Turbinado, Honey or Agave

Mango Banana Twist

Mango, Banana, Sugarcane Juice, Ice & your choice of Turbinado, Honey or Agave

Papaya Banana

Papaya and Banana blended with Sugarcane Juice, Coconut Milk, Ice & your choice of Turbinado, Honey or Agave

Cafe Con Leche

Banana, Espresso coffee Non dairy creamer blend, and your choice of Turbinado, Honey or Agave

Super Smoothies

16oz. \$10 / 24oz. \$12

Blueberry Pie

Hemp heart granola, Oats, Blueberries, Banana, Cinnamon, Coconut milk, Whey protein, Immunity, Multivitamin, Ice & your choice of Turbinado, Honey or Agave

Apple Cinnamon

Hemp heart granola, Oats, Banana, Green apples, Coconut milk, Cinnamon, Maple syrup, Whey protein, Immune support, Multivitamin, Ice & your choice of Turbinado, Honey or Agave

Peach Cobbler

Hemp hearts granola, Oats, Peaches, Banana, Cinnamon, Vanilla, Coconut milk, Whey Protein, Immune support, Multivitamin, Ice & your choice of Turbinado, Honey or Agave

Strawberry Sunrise

Hemp hearts granola, Oats, Strawberries, Mango, Immunity, Multivitamin, Bee Pollen, Guava juice, Coconut milk, Ice and your choice of Turbinado, Honey or Agave

Smoothies with Wings

16oz. \$7.50 / 24oz. \$9.50

1.

Pineapples, Raspberries, Strawberries, Red Guava juice, Red Bull, Ice and your choice of Turbinado, Honey or Agave

2.

Mango, Strawberry, Pineapple, Sugarcane juice, Red Bull, Ice and your choice of Turbinado, Honey or Agave

3.

Green Apples, Banana, Blueberries, Sugarcane juice, Red Bull, Ice and your choice of Turbinado, Honey or Agave

4.

Strawberries, Raspberries, Blueberries, Red Guava juice, Red Bull, Ice and your choice of Turbinado, Honey or Agave

Supplements and Add Ons

Extra Fruit \$0.85

Extra Veggie \$0.85

Peanut Butter \$1.00

Hemp Granola \$0.85

Cacao Nibs \$0.85

Dark Chocolate Chips \$0.85

Goji Berries \$0.85

Shaved Coconut \$0.85

Chopped Almonds \$0.85

Walnuts \$0.85

Sunflower Seeds \$0.50

Cashews \$0.50

Flaxseed \$0.85

Chia Seed \$0.85

Hemp Hearts \$0.85

Espresso \$0.50

Vanilla Whey Protein \$1.00

Multivitamin \$1.00

Acai \$1.50

Spirulina \$1.00

THC Free CBD 15mg \$2.00 / 30mg \$3.00

Full Spectrum CBD 15mg \$2.00 / 30mg \$3.00

Sea Moss \$2.00

Hemp Protein \$1.00

Immune Support \$1.00

Collagen \$1.00

Trim & Fit \$1.00

Macca Powder \$1.00

Probiotic \$1.00

Dragon Fruit \$1.50

Bee Pollen \$1.00

Delivery Services

Grub Hub, Uber Eats, & Door Dash

Raw Fresh Juices

16oz. \$6.25 / 24oz. \$7.75

Sugarcane Juice (Guarapo)

With Lemon or Lime
(Half Gallon \$25.00)

Orange Carrot Twist

Oranges and Carrots

Cucumber Cooler

Cucumber, Green Apples & Lime

Apple Carrot Zinger

Apples, Carrot, Cucumber & Ginger

Crazy Carrot

Carrot, Celery & Chelan Red Apples

Rojo 1

Beets, Green Apple, Cucumber, Lemon

Rojo 2

Beet, Carrot, Red Apple, Ginger, Lemon

Rojo 3

Beets, Carrots, Orange, Lemon

Verde 1

Kale, Celery, Green Apple, Pineapple, Ginger, Lemon

Verde 2

Spinach, Cucumber, Broccoli, Green Apple, Lime

Citrico 1

Orange, Carrot, Lemon, Ginger

Citrico 2

Orange, Grapefruit, Pineapple, Lemon, Coconut H2O

Citrico 3

Orange, Red Apple, Lemon, Ginger, Coconut H2O

Pure Orange

16oz. \$5.75 / 24oz. \$7.25

Pure Apple

16oz. \$5.75 / 24oz. \$7.25

Limeade or Lemonade

16oz. \$3.00 / 24oz. \$4.20

Wellness Shots

3oz. \$2.75

#1. **Pineapple, Lemon, Ginger & Coconut H2O**

#2. **Cucumber, Lemon, Ginger & Coconut H2O**

#3. **Orange, lemon, Ginger & Cayenne Pepper**

#4. **Celery, Cucumber, Lime & Cayenne Pepper**

#5. **Grapefruit, Lemon, Ginger & Coconut H2O**

Signature Salads

Also Available as a Side Salad \$3.95

Cucumber Salad \$7.25

Spinach, Cucumbers, Tomato, Red Onions, served with
Garlic chia seed croutons & Our Lemon Viniargette dressing

Southwestern Salad \$7.25

Chopped Romaine, Avocado, House Corn & Black Bean Pico served with
Garlic chia seed croutons & Our House Cilantro Aioli dressing

Signature CocoBowls

All bowls topped with Honey or Agave

Acai Berry \$7.50

Acai, Strawberries, Raspberries and Blueberries blended with Coconut Milk. Topped with Hemp Hearts Granola, Bananas, Strawberries, Flaxseed and Cacao Nibs. and your choice of Turbinado, Honey or Agave

Pitaya \$7.50

Dragonfruit, Banana and Strawberry blended with Coconut Milk Topped with Hemp Hearts Granola, Banana, Strawberries, Chia Seed and Cacao Nibs, and your choice of Turbinado, Honey or Agave

Power Greens \$7.75

Kale, Spinach, Banana and Pineapple blended with Fresh Orange Juice, Coconut Milk. Topped with Hemp Hearts Granola, Banana, Strawberries, Kiwi, Shaved Coconut and Chopped Almonds, and your choice of Turbinado, Honey or Agave

Papaya Tropical \$7.75

Papaya, Pineapple and Mango blended with Coconut Milk. Topped with Hemp Hearts Granola, Banana, Strawberries, Kiwi, Shaved Coconut and Cacao Nibs, and your choice of Turbinado, Honey or Agave

CocoGoji \$7.95

Dragonfruit, Pineapple and Raspberries blended with Coconut Milk. Topped with Strawberries, Bananas and Blueberries, Hemp Hearts Granola, Chia Seed, Shaved Coconut, Cacao Nibs and Goji Berries, and your choice of Turbinado, Honey or Agave

CocoLoco \$7.75

Acai, Mango and Banana blended with Coconut Milk. Topped with Hemp Hearts Granola, Banana, Kiwi, Strawberries, Chia Seed, and Shaved Coconut, and your choice of Turbinado, Honey or Agave

Hot Food

Vegetarian Taco Plate (3) \$9.95

Flour tortillas, Chopped Romaine, White Rice, Seasoned Black or Red Beans, Corn pico, Avocados and Queo Fresco

Vegan Bowl \$5.50

Your choice of White rice or Romaine, Seasoned Black or Red beans, Cilantro, Cucumbers, Avocados, Tomatoes, Lime wedge

Southwest Bowl \$5.50

Your choice of White rice or Romaine, Seasoned Black or Red beans, Avocados, Cilantro, House corn pico, Lime wedge

Southwest Grilled Wrap \$6.75

White rice, Seasoned Black or Red beans, Avocado, House corn pico, Monterey Jack, grilled in a flour tortilla

Veggie Grilled Wrap \$6.75

White rice, Seasoned Black or Red beans, Spinach, Avocado, Tomatoes, Red onions, Monterrey Jack cheese, grilled in a flour tortilla

Rice, Bean & Cheese Grilled Wrap \$5.95

White Rice, your choice of Black or Red seasoned beans and Monterey Jack Cheese grilled in a flour tortilla

PBJ Grilled Wrap \$5.95

Peanut butter, Hemp hearts granola, Dark chocolate chips, Banana, Strawberries, Blueberries, Topped with Powdered sugar, grilled in a flour tortilla

Berries & Cream Grilled Wrap \$5.25

Strawberries, Blueberries, Cream cheese and Cajeta, Topped with Powdered sugar, grilled in a flour tortilla

Guayaba Grilled Wrap \$5.25

Banana, Guava paste, Cream cheese, Cajeta, grilled in a flour tortilla (Option: Topped with powdered sugar)

Hot Oatmeal Bowls

Apple Cinnamon \$4.20

Hot Oatmeal with your choice of Cinnamon sugar, Honey or Agave, Topped with Hemp hearts granola, Chopped Green Apples, Walnuts and Powdered Cinnamon

Fruit Medley \$4.50

Hot Oatmeal with your choice of Cinnamon sugar, Honey or Agave, Topped with Hemp hearts granola, Sliced bananas, starwberries, Blueberries and choice of 2 toppings. (Sliced almonds, Cacao nibs, Dark chocolate chips, Coconut flakes, Chia seed, Flaxseed or Goji berries.)

Dessert

Loco Banana Bread \$3.95

Flan Custard \$4.50

Apple Cajeta Cup \$4.50

Mixed Fruit Cup \$4.50

