



**GRAB -N- GO JUICE & EATS**

**2353 S. Havana Street Unit D-14  
(Facing Illif Ave. @ Havana St.)**

**Aurora, CO. 80014  
303-284-2959**

**Monday - Saturday 9:00am - 6:00pm  
Sunday Closed**

## Specialty Smoothies

**16oz. \$7.75 / 24oz. \$8.95  
Fruit Juice substitute \$1.50**

### **PBJ**

Peanut Butter, Banana, Strawberries, Blueberries, Hemp Hearts Granola, and Dark Chocolate Chips, blended with Coconut Milk, Ice, & your choice of Turbinado, Honey or Agave

### **Coquito Loco**

Pineapple, Shaved Coconut, Cajeta, and Vanilla blended with Coconut Milk, Ice & your choice of Turbinado, Honey or Agave

### **Just Beet It**

Pineapple, Raspberries, Beet and Celery Juice blended with Orange Juice, Red Guava Juice, Ice & your choice of Turbinado, Honey or Agave

### **Coco Verde**

Pineapple, Banana, Kale, and Spinach blended with Coconut Milk, Ice & your choice of Turbinado, Honey or Agave

### **Kiwi Delight**

Kiwi, Banana, Pineapple and Spinach blended with Coconut Milk, Orange Juice, Ice & your choice of Turbinado, Honey or Agave

### **Fuzzy Dragon**

Dragonfruit and Peach blended with Fresh Orange Juice, Coconut Milk, Vanilla, Ice & your choice of Turbinado, Honey or Agave

### **Pineapple Express**

Pineapple, Fresh Orange Juice, Red Guava Juice, Coconut Milk, Ice & your choice of Turbinado, Honey or Agave

### **Berry Blast**

Strawberries, Blueberries, Raspberries blended with Coconut Milk, Ice & your choice of Turbinado, Honey or Agave

### **Peanut Butter Thunder**

Bannana, Peanut Butter, Cacao Nibs and Dark Chocolate Chips blended with Coconut Milk, Ice & your choice of Turbinado, Honey or Agave

### **Phunky Monkey**

Banana, Peanut Butter & Cacao Powder blended with Coconut Milk, Ice & your choice of Turbinado, Honey or Agave

### **Papaya Berry**

Papaya, Strawberries, Red Guava Juice, Coconut Milk, Ice, & your choice of Turbinado, Honey or Agave

### **Kale Tropical**

Pineapple, Bannana and Kale blended with Coconut Milk, Red Guava Juice, Ice & your choice of Turbinado, Honey or Agave

### **Peachy Coconut**

Peaches blended with Orange Juice, Coconut Milk, Shaved Coconut, Vanilla, Ice & your choice of Turbinado, Honey or Agave

### **Fruta Bomba**

Papaya, Banana, Pineapple, Red Guava Juice, Coconut Milk, Ice & your choice of Turbinado, Honey or Agave

### **OJ Carrot**

Orange Juice, Carrot Juice, Banana, Mango & your choice of Turbinado, Honey or Agave

### **Berry Acai**

Blueberries, Strawberries, Acai, Banana, Coconut Milk, Ice & your choice of Turbinado, Honey or Agave

### **Blue Dream**

Acai, Double Blueberries, Banana, Coconut Milk, Ice, & your choice of Turbinado, Honey or Agave

### **Strawberry Hawaiian**

Pineapple, Strawberry, Coconut Milk, Coconut Flakes, Cajeta, Ice, & your choice of Turbinado sugar, Honey, or Agave

### **Tia Vicky's Special**

Blueberry, Pineapple, Banana, Coconut Flakes, Cajeta, Coconut Milk, Ice, & your choice of Turbinado, Honey or Agave

### **Pitaya Berry**

Pitaya, Banana, Strawberries, Coconut Milk, Ice & your choice of Turbinado, Honey or Agave

### **Captain Jack**

Banana, Blueberries, Dark Chocolate Chips, Almonds, Coconut Milk, Ice, & your choice of Turbinado, Honey or Agave

### **Tropical Sunrise**

Pineapple, Mango, Banana, Coco Milk, Orange Juice, Ice, & your choice of Turbinado sugar, Honey, or Agave

### **Mango Ginger**

Mango, Peaches, Orange Juice, Ginger, Ice, & your choice of Turbinado sugar, Honey, or Agave

### **Green Dream**

Kale, Spinach, Pineapple, Banana, Orange Juice, Red Guava Juice, Ice, & your choice of Turbinado sugar, Honey, or Agave

### **Island Delight**

Banana, Pineapple, Mango, Coco Milk, Orange Juice, Vanilla, Coco Flakes, Ice, & your choice of Turbinado sugar, Honey, or Agave

### **Blueberry Creamsicle**

Pineapple, Blueberry, Mango, Orange Juice, Coco Milk, Ice, & your choice of Turbinado sugar, Honey, or Agave

### **Shelby Temple**

Cherries, Mango, Fresh Lemon Limeade, Red Guava Juice, Ice, & your choice of Turbinado sugar, Honey, or Agave

### **Peanut Butter Delight**

Bananas, Mango, Peanut Butter, Coconut Milk, Ice, & your choice of Turbinado sugar, Honey, or Agave

### **Berry Sweet Potato**

Sweet Potato, Strawberries, Blueberries, Coconut Milk, Ice, & your choice of Turbinado Sugar, Honey or Agave

### **Mr. Green Potato**

Mango, Pineapple, Sweet Potato, Spinach, Kale, Orange Juice, Coconut Milk, Ice & your choice of Turbinado Sugar, Honey or Agave

## Traditional Smoothies

**16oz. \$6.75 / 24oz. \$7.95 Fruit Juice substitute \$1.50**

### **Blue Banana**

Blueberries & Banana blended with Coconut Milk, Ice & your choice of Turbinado Sugar, Honey or Agave

### **BananaBerry**

Banana, Strawberries blended with Coconut Milk, Ice & your choice of Turbinado Sugar, Honey or Agave

### **Death by Chocolate**

Bananas, Cocoa Powder, Dark Chocolate Chips, Cacao Nibs blended with Coconut Milk, Ice & your choice of Turbinado Sugar, Honey or Agave

### **Mango Loco**

Mangos and Pineapple blended with Coconut Milk, Ice & your choice of Turbinado Sugar, Honey or Agave

### **Mango Banana Twist**

Mango, Banana, Coconut Milk, Ice & your choice of Turbinado Sugar, Honey or Agave

### **Papaya Banana**

Papaya and Banana blended with Coconut Milk, Ice & your choice of Turbinado Sugar, Honey or Agave

### **Cafe Con Leche**

Banana, Espresso Coffee (Non-dairy creamer blend), Coconut Milk, and your choice of Turbinado Sugar, Honey or Agave

### **Cherry Limeade**

Red Cherries, Pineapples, fresh Lemon Limeade juice, Ice, & your choice of Turbinado Sugar, Honey or Agave

### **Cherry Banana**

Red Cherries, Bananas, Coconut milk, Ice and your choice of Turbinado Sugar, Honey or Agave

### **Sweet Potato Banana**

Sweet Potato, Bananas, Coconut milk, Ice and your choice of Turbinado Sugar, Honey or Agave

## Super Smoothies

**16oz. \$10 / 24oz. \$12**

### **Blueberry Pie**

Hemp Hearts Granola, Oats, Blueberries, Banana, Cinnamon, Coconut Milk, Whey Protein, Immunity, Multivitamin, Ice & your choice of Turbinado, Honey or Agave

### **Banana Pie**

Banana, Cinnamon, Hemp Hearts Granola, Oats, Vanilla Wafer, Coconut Milk, Whey Protein, Immunity, Multivitamin, Ice & your choice of Turbinado, Honey or Agave

### **Peach Cobbler**

Hemp Hearts Granola, Oats, Peaches, Banana, Cinnamon, Vanilla, Coconut Milk, Whey Protein, Immune Support, Multivitamin, Ice & your choice of Turbinado, Honey or Agave

### **Strawberry Sunrise**

Hemp Hearts Granola, Oats, Strawberries, Mango, Immunity, Multivitamin, Bee Pollen, Guava juice, Coconut Milk, Ice and your choice of Turbinado, Honey or Agave

### **Bruce Banner**

Bananas, Kale, Spinach, Peanut Butter, Hemp Protein, Vanilla Whey Protein, Coconut Milk, Ice, & your choice of Turbinado Sugar, Honey, or Agave

### **Chocolate Cherry Pie**

Bananas, Cherries, Cacao Powder, Hemp Hearts Granola, Vanilla Whey Protein, Immunity Support, Multivitamin, Coconut Milk, Ice, & your choice of Turbinado Sugar, Honey, or Agave

### **Apple Cinnamon**

Bananas, Green Apples, Cinnamon, Hemp Hearts Granola, Vanilla Whey Protein, Immunity Support, Multivitamin, Coconut Milk, Ice, & your choice of Turbinado Sugar, Honey, or Agave

### **Sweet Potato Pie**

Sweet Potato, Banana, Cinnamon, Vanilla Wafers, Vanilla extract, Vanilla Whey Protein, Immunity Support, Multivitamin, Coconut Milk, Ice, & your choice of Turbinado Sugar, Honey or Agave

## Supplements and Add Ons

**Extra Fruit \$0.85**

**Extra Veggie \$0.85**

**Fruit Juice Substitute \$1.50**

**Peanut Butter \$1.00**

**Avocado \$1.50**

**Dragon Fruit \$1.50**

**Acai \$1.50**

**Hemp Granola \$0.85**

**Cacao Nibs \$0.85**

**Dark Chocolate Chips \$0.85**

**Goji Berries \$0.85**

**Shaved Coconut \$0.85**

**Chopped Almonds \$0.85**

**Walnuts \$0.85**

**Sunflower Seeds \$0.50**

**Cashews \$0.50**

**Flaxseed \$0.85**

**Chia Seed \$0.85**

**Hemp Hearts \$0.85**

**Espresso \$0.50**

**Spirulina \$1.00**

**Camu Camu \$1.00**

**Sea Moss \$2.00**

**Bee Pollen \$1.00**

**Antioxidant \$1.00**

**Immune Support \$1.00**

**Collagen \$1.00**

**Trim & Fit \$1.00**

**Multivitamin \$1.00**

**Maca Powder \$1.00**

**Probiotic \$1.00**

**Vitamin C \$1.00**

**Vanilla Whey Protein \$1.00**

**Soy Protein \$1.00**

**Hemp Protein \$1.00**

**Pea Protein \$1.00**

**Pulled Pork \$3.00**

**Chipotle Chicken \$3.00**

**Garlic Chicken \$3.00**

**THC Free or Full Spectrum CBD**

**15mg \$1.50 / 30mg \$2.50 / 100mg \$4.20**

## Smoothies with Wings

**16oz. \$7.95 / 24oz. \$9.75**

**#1.** Pineapples, Raspberries, Strawberries, Red Guava juice, Red Bull, Ice and your choice of Turbinado, Honey or Agave

**#2.** Mango, Strawberry, Pineapple, Sugarcane juice, Red Bull, Ice and your choice of Turbinado, Honey or Agave

**#3.** Green Apples, Banana, Blueberries, Sugarcane juice, Red Bull, Ice and your choice of Turbinado, Honey or Agave

**#4.** Strawberries, Raspberries, Blueberries, Red Guava juice, Red Bull, Ice and your choice of Turbinado, Honey or Agave

**#5.** Red Cherries, Strawberries, Blueberries, Orange juice, Red Bull, Ice and your choice of Turbinado, Honey or Agave

**#6.** Pineapples, Mango, Kale and Spinach, Red Bull, Orange juice, Ice and your choice of Turbinado, Honey or Agave

## Wellness Shots

3oz. \$2.95

- #1. Pineapple, Lemon & Ginger
- #2. Cucumber, Lemon & Ginger
- #3. Orange, Lemon, Ginger & Cayenne Pepper
- #4. Celery, Cucumber, Lime & Cayenne Pepper
- #5. Grapefruit, Lemon & Ginger
- #6. Kale, Celery, Lemon & Ginger
- #7. Kale, Cucumber, Lime & Cayenne Pepper
- #8. Cucumber, Cilantro, Lime & Ginger
- #9. Pure Ginger Shot
- #10. Cucumber, Celery, Jalapeno & Ginger

## Raw Fresh Juices

16oz. \$6.95 / 24oz. \$8.25

### Sugarcane Juice (Guarapo)

With Lemon or Lime

### Orange Carrot Twist

Oranges & Carrots

### Cucumber Cooler

Cucumber, Green Apples & Lime

### Apple Carrot Zinger

Apples, Carrot, Cucumber & Ginger

### Crazy Carrot

Carrot, Celery & Chelan Red Apples

### Rojo 1

Beet juice, Green Apple, Cucumber, Lemon

### Rojo 2

Beet juice, Carrot, Red Apple, Ginger, Lemon

### Rojo 3

Beet juice, Carrots, Orange, Lemon

### Rojo 4

Orange, Grapefruit, Pineapple, Lemon and Beet juice

### Verde 1

Kale, Celery, Green Apple, Pineapple, Ginger, Lemon

### Verde 2

Spinach, Cucumber, Kale, Green Apple, Lime

### Verde 3

Kale, Cucumber, Pineapple, Green Apple, Ginger

### Verde 4

Kale, Spinach, Celery, Green Apple

### Citrico 1

Orange, Carrot, Lemon, Ginger

### Citrico 2

Orange, Grapefruit, Pineapple, Lemon

### Citrico 3

Orange, Red Apple, Lemon, Ginger

### Citrico 4

Orange, Grapefruit, Carrots, Pineapple, Ginger

### Sweet Potato Apple Ginger

Sweet Potato, Red Apples, Celery, Ginger

### Sweet Potato Carrot

Sweet Potato, Carrot, Orange, Celery, Turmeric

### Spicy Verde

Spinach, Cucumber, Celery, Green Apple, Jalapeno, Lime

### Pure Orange

16oz. \$6.00 / 24oz. \$7.50

### Pure Apple

16oz. \$6.00 / 24oz. \$7.50

### Lemon Limeade

16oz. \$3.50 / 24oz. \$4.50

### Build Your Own Juice

Includes your choice of 4 fruits or vegetables

## Coco Smoothie Bowls

All bowls topped with Honey or Agave

Add Peanut Butter \$1.00

Orange Juice or Apple Juice Substitute \$1.00

### Acai Berry \$7.75

Acai, Strawberries, Raspberries and Blueberries blended with Coconut Milk. Topped with Hemp Hearts Granola, Bananas, Blueberries, Strawberries, Flaxseed and Cacao Nibs. And your choice of Turbinado, Honey or Agave

### Pitaya \$7.75

Dragonfruit, Banana and Strawberry blended with Coconut Milk. Topped with Hemp Hearts Granola, Banana, Strawberries, Chia Seed and Cacao Nibs, and your choice of Turbinado, Honey or Agave

### Power Greens \$7.95

Kale, Spinach, Banana and Pineapple blended with Coconut Milk. Topped with Hemp Hearts Granola, Banana, Strawberries, Kiwi, Shaved Coconut, Chopped Almonds, and your choice of Turbinado, Honey or Agave

### Papaya Tropical \$7.95

Papaya, Pineapple and Mango blended with Coconut Milk. Topped with Hemp Hearts Granola, Banana, Strawberries, Kiwi, Shaved Coconut and Cacao Nibs, and your choice of Turbinado, Honey or Agave

### CocoGoji \$7.95

Dragonfruit, Pineapple and Raspberries blended with Coconut Milk. Topped with Strawberries, Bananas and Blueberries, Hemp Hearts Granola, Chia Seed, Shaved Coconut, Cacao Nibs, Goji Berries, and your choice of Turbinado, Honey or Agave

### CocoLoco \$7.95

Acai, Mango and Banana blended with Coconut Milk. Topped with Hemp Hearts Granola, Banana, Kiwi, Strawberries, Chia Seed, and Shaved Coconut, and your choice of Turbinado, Honey or Agave

[www.CocoLocoColorado.com](http://www.CocoLocoColorado.com)

### Tropical Cherry Berry \$7.95

Red Cherries, Strawberries, Blueberries blended with Coconut Milk and Turbinado sugar. Topped with Hemp Hearts Granola, Strawberries, Blueberries, Chopped almonds, Cacao Nibs, Coconut Flakes and your choice of Honey or Agave

### Chocolate Peanut Butter Dream \$7.95

Bananas, Peanut Butter, Cacao Powder blended with Coconut Milk and Turbinado sugar. Topped with Bananas, Strawberries, Cacao Nibs and Dark Chocolate Chips

## Hot Oatmeal Bowls

### Apple Cinnamon \$4.95

Hot Oatmeal with your choice of Cinnamon sugar, Honey or Agave, Topped with Hemp Hearts Granola, Chopped Green Apples, Walnuts and Powdered Cinnamon

### Fruit Medley \$4.95

Hot Oatmeal with your choice of Cinnamon sugar, Honey or Agave, Topped with Hemp Hearts Granola, Sliced Bananas, Strawberries, Blueberries and choice of 2 toppings.

*(Sliced almonds, Cacao nibs, Dark chocolate chips, Coconut flakes, Chia seed, Flaxseed or Goji berries)*

## Signature Salads

Also Available as a Side Salad \$4.50

### Cucumber Salad \$7.50

Spinach, Cucumbers, Tomato, Red Onions, served with Garlic chia seed croutons & Our Lemon Viniargette dressing

### Southwestern Salad \$7.50

Chopped Romaine, Avocado, House Corn & Black Bean Pico served with Garlic chia seed croutons & Our House Cilantro Aioli dressing

### Garden Salad \$7.50

Chopped Romaine, Kale, Cucumbers, Tomato served with our Garlic Chia Seed Croutons and your choice of Cilantro Aioli or Lemon Vinaigrette dressing

## Hot Food

Add Pulled Pork, Chipotle Chicken or Garlic Chicken \$3.00

### Vegetarian Taco Plate<sup>(3)</sup> \$9.95

Flour Tortillas, Chopped Romaine, White Rice, Seasoned Black or Red Beans, Corn Pico, Avocados and Monterey Jack Cheese

### Vegan Bowl \$5.95

Your choice of White Rice or Romaine, Seasoned Black or Red Beans, Cilantro, Cucumbers, Avocados, Tomatoes, Lime Wedge

### Southwest Bowl \$5.95

Your choice of White Rice or Romaine, Seasoned Black or Red Beans, Avocados, Cilantro, House Corn Pico, Lime Wedge

### Southwest Grilled Wrap \$6.95

White Rice, Seasoned Black or Red Beans, Avocado, House Corn Pico, Monterrey Jack Cheese, grilled in a flour tortilla

### Veggie Grilled Wrap \$6.95

White Rice, Seasoned Black or Red beans, Spinach, Avocado, Tomatoes, Red Onions, Monterrey Jack Cheese, grilled in a flour tortilla

### Rice, Bean & Cheese Grilled Wrap \$5.95

White Rice, your choice of Black or Red Seasoned Beans and Monterey Jack Cheese grilled in a flour tortilla

### Cubano Grilled Wrap \$7.50

Seasoned Slow Cooked Pulled Pork, Smoked Ham, Pickles, Mustard, and Monterey Jack Cheese in a 10" flour tortilla grilled to perfection

### Cheese Quesadillas \$4.50

With your choice of Hot Salsa, Cilantro Aioli or Sour Cream

### Vegetarian Quesadillas \$5.75

Spinach, Black Bean and Corn Pico, and Monterey Jack Cheese With your choice of Hot Salsa, Cilantro Aioli or Sour Cream

### Quesadilla Combos \$7.50

Vegetarian Quesadilla (Spinach, Black Bean and Corn Pico, and Monterey Jack Cheese) Served with White Rice or Romaine Lettuce, and Homestyle Seasoned Red or Black Beans

**Add Pulled pork, Chipotle chicken, or Garlic chicken \$3.00**  
**Add avocados \$1.50**

### Signature Plate \$8.95

White Rice, Homestyle Seasoned Red or Black Beans, Romaine Lettuce, Tomatoes, Cucumbers, Avocados, Cilantro, Lime wedge, and your choice of Pulled pork, Chipotle chicken, or Garlic chicken

### Vegetarian Breakfast Wrap \$6.95

2 Eggs, Spinach, Black Bean and Corn Pico, Avocado, Monterey Jack cheese grilled to perfection in a 10" flour tortilla, with your choice of our House salsa or Cilantro aioli sauce. **Add Black Forrest Ham \$1.50**

### Ham Egg Cheese Wrap \$6.25

2 Eggs, Black Forrest Ham and Monterrey Jack Cheese grilled to perfection in a 10" flour tortilla. Served with your choice of our House Salsa or Cilantro Aioli sauce

### Loco Nachos \$7.50

Black Bean tortilla chips served with our House Black Bean and Corn Pico, Avocados, and our House Loco cheese sauce.

**Add Jalapenos \$0.50**

**Add Rice and Beans \$1.50**

### Rice and Bean Bowl \$3.85

16 oz. White Rice and your choice of Black or Red Homestyle Seasoned Beans

### PBJ Grilled Wrap \$6.50

Peanut Butter, Hemp Hearts Granola, Dark Chocolate Chips, Banana, Strawberries, Blueberries, topped with Powdered Sugar, grilled in a flour tortilla

### Crunchy Coco Banana Grilled Wrap \$6.50

Banana Slices, Nutella, Hemp Hearts Granola, Coconut Flakes, Dark Chocolate Chips, and Homemade Cajeta grilled in a flour tortilla and topped with powdered sugar

### Berries & Cream Grilled Wrap \$5.75

Strawberries, Blueberries, Cream Cheese and Cajeta Topped with Powdered Sugar, grilled in a flour tortilla

### Guayaba Grilled Wrap \$5.75

Banana, Guava Paste, Cream Cheese, Cajeta, grilled in a flour tortilla (Optional: Topped with Powdered Sugar)

## Desserts

### Loco Banana Bread \$4.75

Banana Nut, Blueberry, Dark Chocolate Chip or Cinnamon Raisin  
*\*Vegan & Gluten-Free*

### Chocolate Chia Pudding \$4.75

*\*Vegan*

### Fruta Con Crema \$4.75

### Apple Cajeta Cup \$4.75

### Mixed Fruit Cup \$4.75